



Validating existing assessments of non-cognitive psychological and motivational frameworks for undergraduate STEM populations

A Mindset Education Network



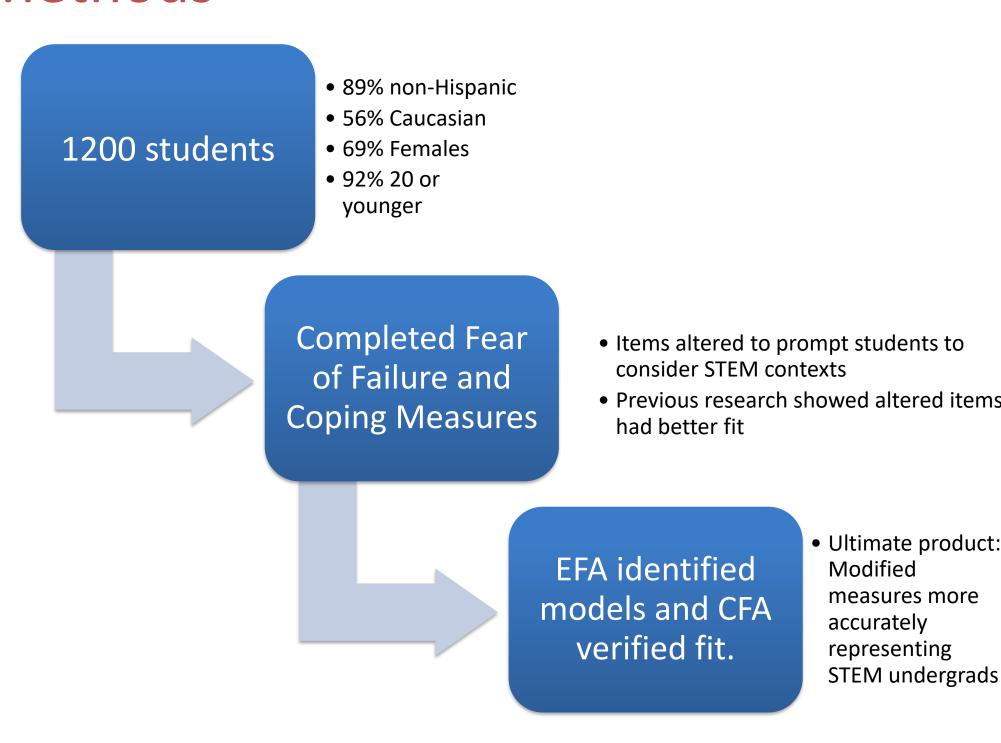
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Revalidating measures specifically for STEM undergrads provides a more accurate picture of factors affecting response to failure/challenge

Introduction

- Navigating scientific challenges and coping with failure are hallmarks of a successful scientist. However, ways that instructors can explicitly foster such a perseverant mindset are historically
- Recent research proposes that encouraging positive changes in intrapersonal factors, such as fear of failure and coping style, helps STEM undergrads develop resilient, challenge-engaging mindsets.(1)
- ❖ While validated assessment measures for these factors exist, they were developed and standardized outside of the STEM undergraduate context. *The purpose of this study is to re-validate* existing measures for Fear of Failure and Coping Style in undergraduate STEM populations and create versions of these measures that allow accurate measurement in STEM contexts.

Methods



Discussion

Anxiety, Stress, and Coping, 14(4), 431-452.

ways of coping. *Psychological Bulletin, 129*(2), 216–269.

college. Research in Higher Education, 41(5), 581-592.

- STEM students respond in unique ways that existing tools may not accurately represent – Edits to the surveys were made!
- ❖ In both cases, re-validation led to the removal of both individual items and whole subscales
- If assessment tools are not correctly validated for STEM students, DBER research which uses these tools may come to erroneous conclusions

Henry, M. A., Shorter, S., Charkoudian, L., Heemstra, J. M, & Corwin, L. A., (2019). FAIL is not a four-letter word: A theoretical framework for exploring undergraduate students' approaches to academic challenge and responses to failure in STEM learning environments. CBE-Life Sciences Education, 18(1),

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Bledsoe, T. & Baskin, J. (2014). Recognizing student fear: The elephant in the classroom. *College Teaching*, 62(1), 32-41.

Lazarus, R. S. (1993). Coping theory and research: Past, present, and future. *Psychosomatic Medicine*, 55, 366–388

* Researchers are encouraged to consider if factors they are investigating may vary/be unique in STEM contexts and, if so, measure re-validation is a strongly advised

Fear of Failure

Emotional and cognitive responses to perceived threats that decrease achievement. Students may be afraid of failure for many reasons. (2, 3)

Existing Measure: Performance Failure Assessment Inventory (PFAI) (4)

- ❖ 25 items
- **❖** Self-report
- Scale: 5 point from 1 "Never true of me" to 5 "True of me all of the time."
- Assesses 5 subscales or reasons for fear of failure in STEM courses

Exploratory Factor Analysis

1) How many factors (or subscales) should our instrument have?

Investigate Eigenvalues—any models with values >1.0 warrant further study

- ❖ Values suggest models with 1-5 factors
- 2) Out of all the possible models, which one "fits" the "best"
- 3) Do factors in proposed model make conceptual sense? →
- **4 Factor Model**

Table 1. PFAI EFA model fit statistics (Metric of "good" fit)				
Model	AIC (Lower)	RMSEA (90% CI) (< 0.06)	CFI (> 0.9)	SRMR (< .08)
3 factors	88741.92	0.080 (0.077 - 0.083)	0.877	0.044
4 factors	87379.252	0.051 (0.048-0.055)	0.954	0.023
5 factors	87162.627	0.047 (0.043-0.051)	0.965	0.019

Table 2. PFAI CFA model fit statistics (Metric of "good" fit)

Model	AIC (Lower)	RMSEA (90% CI) (< 0.06)	CFI (> 0.9)	SRMR (< .08)
3 factors	56311.833	0.080 (0.075-0.085)	0.910	0.960
4 factors	52459.976	0.054 (0.049-0.060)	0.960	0.040

Confirmatory Factor Analysis

4) How well does the revised measure fit the data once we confine the model to specific factors (or subscales)?

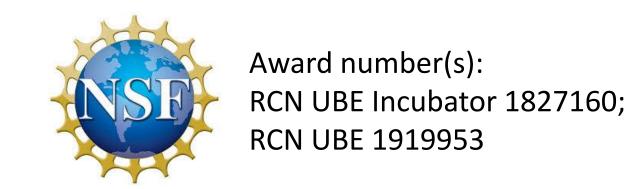
Table 3. Modified PFAI; (15 items and 4 subscales)

Subscale	Sample Item
Fear of an Uncertain Future (FUF)	When I am failingit upsets my "plan" for the future.
	When I am not succeedingmy value decreases for some people.
	When I am failingimportant others are disappointed.
Fear of Experiencing Shame and/or Embarrassment (FSE)	When I am failingI worry about what others think about me.

Acknowledgements







1 Emory University, 2 Haverford College, 3 CU Boulder

Special thanks to all of the STEM students and instructors who participated in this study!

Coping Style(s)

Behavioral responses to stressors (e.g., failures) that allow one to tolerate or minimize stress

- Adaptive: maintains academic achievement and well-being and/or moves beyond a stressor
- * Maladaptive: exacerbate threats to academic achievement and well-being and prevent resolution of stressor (5, 6)

Existing Measure: Brief COPE Inventory ⁽⁷⁾; Student Coping Instrument (SCOPE) ⁽⁸⁾

- 40 items
- Self-report
- Scale: 4 point from 1 "I don't do this at all" to 4 "I do this a lot"
- Assesses frequency of various coping behaviors in reaction to failures or challenges in STEM courses

Exploratory Factor Analysis

- 1) How many factors (or subscales) should our instrument have?
 - Eigenvalues suggest models with 1-10 factors
- 2) Out of all the possible models, which one "fits" the "best"

Model	AIC (Lower)	RMSEA (90% CI) (< 0.06)	CFI (> 0.9)	SRMR (< .08)
7 factors	106549.916	0.051 (0.049-0.054)	0.896	0.032
8 factors	105866.302	0.043 (0.040-0.045)	0.933	0.025
9 factors	105601.953	0.040 (0.037-0.042)	0.946	0.022
10 factors	105427.842	0.038 (0.035-0.040)	0.955	0.019

Measure choice may depend on

study goals & research questions

Table 5. C	oping CFA mo	del fit statistics (Metric	of "good"	fit)
Model	AIC (Lower)	RMSEA (90% CI) (< 0.06)	CFI (> 0.9)	SRMR (< .08)
7 factors	75443.335	0.052 (0.050-0.055)	0.901	0.048
8 factors	47480.159	0.034 (0.029-0.038)	0.978	0.027
10 factors	74821.699	0.036 (0.033-0.039)	0.956	0.036

- 3) Do factors in proposed model make conceptual sense? → the 7 and 8 Factor Model both make
- 7 factor: defines new factors outside current canon
- * 8 factor: presents abbreviated version for this special population

Confirmatory Factor Analysis

4) How well do the revised measures fit the data once we confine the model to specific factors (or subscales)?

Table 6. Sample items from revised 8-Factor Coping measure; 20 items)

Subscale	Sample Items
Problem-solving	I think about the reason(s) why the situation occurred. I am aware of my feelings regarding the situation.
	I reduce the amount of effort I put into solving the problem. I give up trying to reach my goal.
Emotional/Social Support	I get emotional support from others. I get help and advice from other people [.]
Spirituality	I try to find comfort in my religion or spiritual beliefs. I pray or meditate.
	I try to see it in a different light, to make it seem more positive. I look for something good in what is happening.